

THANK YOU

FOR JOINING US...

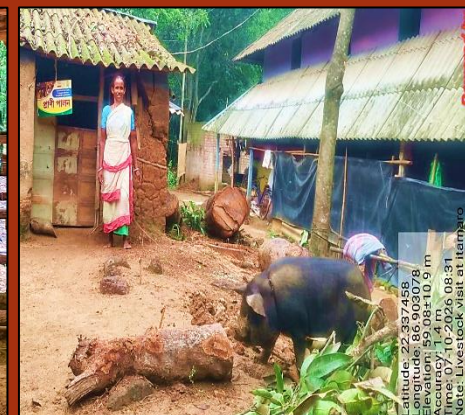


FROM HOUSEHOLD RESPONSIBILITIES TO SUSTAINABLE LIVELIHOOD: MADO HEMBRAM'S JOURNEY TOWARDS SELF-RELIANCE

- **Name:** Mado Hembram
- **Group Name:** Itamaro Jaher Gar Swasahayak Dol
- **Village:** Itamaro
- **Gram Panchayat:** Kenddangri
- **Block:** Jamboni
- **District:** Jhargram



Federal Ministry
for Economic Cooperation
and Development



TRANSFORMING LIVES THROUGH CLIMATE ADAPTIVE LIVELIHOODS

● FAMILY BACKGROUND:

- **Mado Hembram** lives with her husband, three sons, and her daughter-in-law, making a family of six members.
- Initially, the family depended primarily on agriculture along with her husband's and sons' occasional wage labour.
- As residents of Jhargram, a region characterized by extensive forest cover and hard lateritic, less fertile soil, the family had limited agricultural opportunities.
- Unplanned farming practices and the irregular availability of wage labour often affected their livelihood security.

DEVELOPEMENT RESEARCH
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• CHALLENGES FACED:

- Limited agricultural productivity due to poor soil quality.
- Dependence on seasonal wage labour.
- Unplanned farming practices resulting in low returns.
- Limited technical knowledge of climate-resilient agriculture.
- Lack of diversified livelihood options.

• PROJECT INTERVENTION AND CAPACITY BUILDING:

After joining the project, Mado participated in various DRCSC-led training programmes aimed at strengthening climate-resilient livelihoods.

She received training on:

- Group strengthening.
- Livestock rearing and management.
- Nutrition gardening.
- Climate-resilient organic farming.
- Livestock feeding and shelter management.
- Vaccination schedules and disease prevention.
- Local remedies for common livestock diseases.
- Hygiene and sanitation practices.
- Raised-bed cultivation.
- Efficient irrigation practices.
- Preparation and use of bio-inputs.
- Bio-pest management techniques.

• LIVESTOCK ENTERPRISE DEVELOPMENT

- Through the project, Mado's household received two piglets as livelihood support.
- By applying improved livestock management practices, the family successfully increased their pig herd from 2 to 14 pigs.
- Recently, they sold 8 pigs at ₹3,500 each, earning a total of ₹28,000.
- The remaining 2 pigs have an estimated market value of approximately ₹14,000.
- Although 4 piglets died due to a disease outbreak, the family adopted regular vaccination schedules and improved hygiene practices, which have significantly improved livestock health.
- Motivated by the success of pig rearing, Mado constructed a small pig shed using locally available bamboo.

• NUTRITION GARDEN DEVELOPMENT

- The family established a 1 decimal homestead nutrition garden.
- They adopted climate-resilient cultivation practices, including:
 - Raised-bed cultivation.
 - Mulching for moisture conservation.
 - Application of bio-fertilizers.
 - Organic pest management.
- The family now cultivates 4–5 varieties of vegetables each season.
- The garden supplies fresh vegetables for household consumption, while surplus produce is sold in the local market.
- On average, the family saves ₹35–40 per day on vegetable purchases.
- During the last pre-Kharif season, they harvested approximately 43 kg of vegetables, including: Long bean, Bottle gourd, Onion, Garlic, Pumpkin, Water spinach, Tomato

- **CLIMATE-RESILIENT CROP CULTIVATION:**

- **Mixed Cropping:**

During the last pre-Kharif season, Mado cultivated sesame and green gram as mixed crops on 2 bighas of land.

Production achieved:

- Sesame: Approximately 140 kg
- Green gram: Approximately 10 kg.

- **Groundnut Cultivation:**

- Cultivated groundnut on 4 bighas of land.
- Harvested approximately 1,800 kg of groundnut.



Ground Nut

- **KEY OUTCOMES AND IMPACT:**

- Diversified household income through livestock rearing, nutrition gardening, and crop cultivation.
- Expanded the pig enterprise from 2 to 14 pigs.
- Earned ₹28,000 from the sale of pigs.
- Reduced household expenditure on vegetables by ₹35–40 per day.
- Improved household nutrition through year-round vegetable production.
- Increased agricultural productivity through climate-resilient farming practices.
- Reduced livestock mortality through improved vaccination and hygiene management.
- Enhanced technical knowledge, confidence, and household resilience..

- **TRANSFORMATION:**

- The training, technical guidance, and input support provided by DRCSC have transformed Mado's approach to farming and livestock rearing. The family has shifted from relying on uncertain agricultural income and wage labour to managing multiple, climate-resilient livelihood activities. This diversification has strengthened their economic stability, improved household nutrition, and enhanced their resilience to climatic challenges..

- **TESTIMONIAL:**

- Mado and her family expressed their sincere gratitude to DRCSC for providing training, input support, and continuous technical guidance. They acknowledged that the programme has enabled them to establish sustainable livelihood options, improve household income, strengthen family nutrition, reduce production losses, and gradually expand their livestock assets. Today, the family is more confident about their future and continues to build a diversified and climate-resilient livelihood.

- **KEY ACHIEVEMENT AT A GLANCE:**

- **Associated with the project since: 2025.**
- **Received 2 piglets through project support.**
- **Expanded pig herd from 2 to 14 pigs.**
- **Earned ₹28,000 from the sale of 8 pigs.**
- **Remaining pigs valued at approximately ₹14,000.**
- **Established a 1 decimal nutrition garden using climate-resilient techniques.**
- **Harvested approximately 43 kg of vegetables during the last pre-Kharif season.**
- **Saved ₹35–40 per day on household vegetable expenses.**
- **Harvested 140 kg of sesame and 10 kg of green gram from 2 bighas of mixed cropping.**
- **Produced approximately 1,800 kg of groundnut from 4 bighas of land.**
- **Established diversified and climate-resilient livelihood options, leading to improved income, nutrition, and household resilience.**